

Have you heard about the 2-component protection for the bladder wall?



# What is special about Instillamed®?

# 2-component protection for the bladder wall

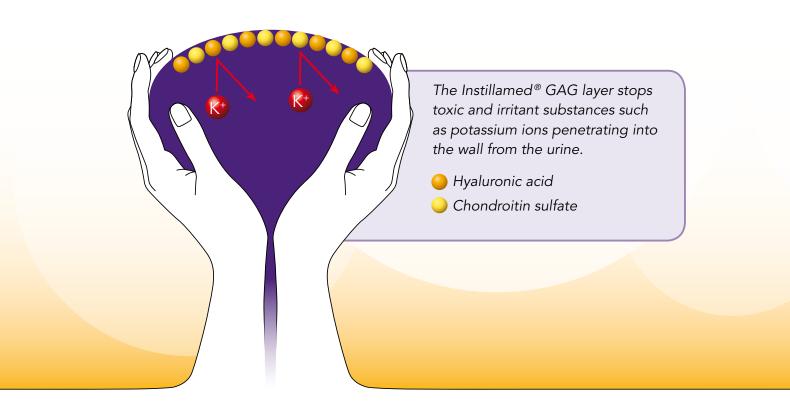
Instillamed® is an instillation therapy containing two natural components for the therapy of chronic cystitis:

- 800 mg hyaluronic acid
- 1000 mg chondroitin sulfate

The 2-component protection of Instillamed® is available as a fixed combination in a sterile disposable pre-filled syringe.

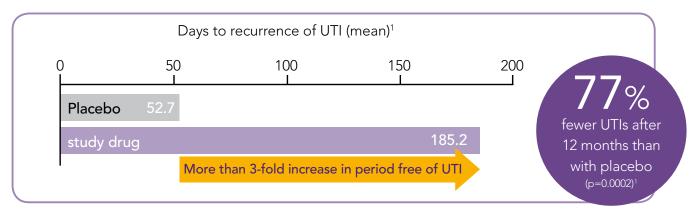
# Intensive regeneration of the GAG layer

Instillamed® is a medical device compensating for deficient hyaluronic acid and chondroitin sulfate. This is how Instillamed® provides an effective replacement for glycosaminoglycan (GAG) in the urinary bladder.



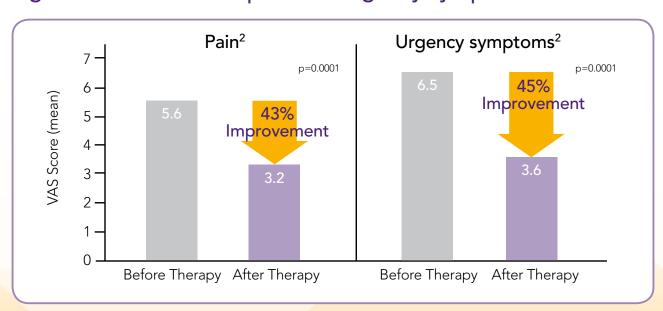
# What are the study results with combination products similar to Instillamed®?

## Distinct reduction in recurrent urinary tract infections (UTI) <sup>1</sup>



Damiano et al. found the use of a solution of chondroitin sulfate and hyaluronic acid similar to Instillamed<sup>®</sup>, a significant increase of a mean 133 days in the time to occurrence of the next UTI. After 12 months, the annual UTI rate in the active treatment group was significantly reduced by a mean 77% (p = 0.0002).<sup>1</sup>

## Significant decrease in pain and urgency symptoms<sup>2,3</sup>



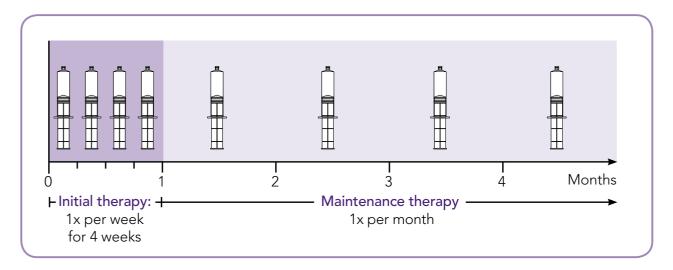
Porru et al. have demonstrated that a solution of chondroitin sulfate and hyaluronic acid similar to Instillamed® produce significant improvements in pain and urgency symptoms.<sup>2</sup> These results align to the outcome of another study published by Cervigni et al. in 2008.<sup>3</sup>

#### How is Instillamed® used?

## With the safety adapter, handling couldn't be easier!

Instillamed® is supplied as a ready-to-use sterile solution in a disposable syringe. The enclosed safety adapter ensures that the Luer lock connector can be securely attached to all commercially available catheter models.

#### Recommended treatment intervals



# Recommended exposure time

After instillation, Instillamed® should be retained in the bladder until the next urination. This should be for at least 30 minutes – or longer if possible.



#### When is Instillamed® used?

## Interstitial and chronic cystitis

Chronic cystitis means chronic suffering. **Urinary frequency**, **urinary urgency** and **burning pain** greatly impair quality of life - for life.

#### The symptoms are frequently seen in the following disorders:

- Chronic non-bacterial cystitis
- Recurrent bacterial cystitis
- Overactive bladder (OAB)
- Interstitial cystitis (IC)
- Radiation cystitis
- Painful bladder syndrome

Regardless the causative disorder, any long-term bladder inflammation can damage the protective layer of the bladder (GAG layer).



Bladder with classic late-stage Hunner's lesion



Bladder with petechial bleeding in late-stage IC

The most promising treatment method currently available is regenerating the GAG layer with instillation therapy. This was the conclusion in a health care study with 270 IC patients.<sup>4</sup>

<sup>1</sup> Damiano R, Quarto G et al. Prevention of recurrent urinary tract infections by intravesical administration of hyaluronic acid and chondroitin sulphate: a placebo-controlled randomised trial. Eur Urol 2011, 59, 645–651. 2 Porru D, Leva F et al. Impact of intravesical hyaluronic acid and chondroitin sulfate on bladder pain syndrome/interstitial cystitis. Int Urogynecol 2012, J 23, 1193–1199 (40 mL instillation with hyaluronic acid (1.6 %) and chondroitin sulphate (2 %); exposure time 1-2 h). 3 Cervigni M, Natale, F et al. A combined intravesical therapy with hyaluronic acid and chondroitin for refractory painful bladder syndrome/interstitial cystitis. Int Urogynecol 2008, J Pelvic Floor Dysfunct 19, 943–947 (40 mL instillation with hyaluronic acid (1.6 %) and chondroitin sulphate (2 %); exposure time 1h). 4 Jocham D, Fröhlich G et al. The care situation of patients with interstitial cystitis in Germany. Urologe 2013, 52:691-702 [Tab. 12].



- Combination of two natural components:
  800 mg hyaluronic acid and 1000 mg chondroitin sulfate
- Intensive regeneration of the GAG layer
- Reduction in pain and urgency symptoms
- Easy handling with the safety adapter



